

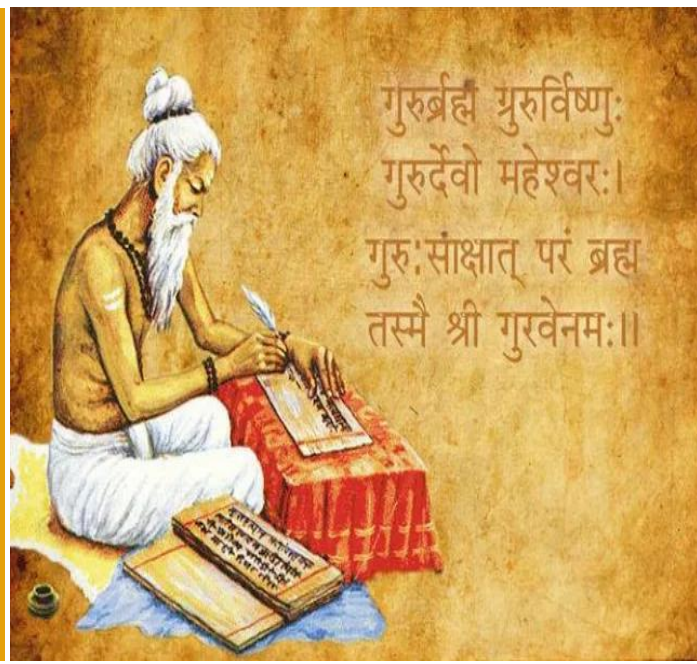


SA&C LT-CIR

School of Art & Culture, Languages and Trade

CENTRE for INTERNATIONAL RELATIONS
offers Certificate Course
on

THE VEDAS, PURAN & GEETA



Dr. Triveni Dutt
Hon'ble Vice Chancellor
Patron



Dr. Pushendra Kumar
Director, CIR
Course Director



Dr. Harsh Panwar
Associate Director, CIR
Course Convener



Dr. Asha Bisht
Co-Convener

Er. Khusboo Roy
Co-Convener

Sh. Dhruv Prabhu Ji
ISKCON, Meerut
Instructor

Sh. KV Krishnan
Varanasi
Instructor

Collaborators:
Senior Citizen Welfare Association (Reg.), Meerut, UP
Society for Integrated Care of Environment & Rural Economy Reg.

Eligibility: Open for all (Limited Seats)

Duration: 18 April – 01 May 2026
4:30 PM to 7:00 PM

Course Fee (including registration): Rs 500/-
(Course fee NIL for university students)
Registration Fee: Rs 50/- (Univ. students)
Last Date : 16-04-2026

Venue: Auditorium, Agriculture College
Sardar Vallabhbhai Patel University of
Agriculture & Technology, Meerut – 250110



Registration



Fee Payment

Sponsors:

Tata Motors-Shree Vasu, Delhi Road, Meerut, UP
Shiv Shakti Mega Marts, Near A2Z, NH-58, Meerut, UP

Contact us @ 9501260540, 9557679900

About the Program

- The Program introduces wisdom of ancient Indian texts, guiding them on a journey of self-discovery and inner transformation.
- The program explores key teachings from the Vedas, insights from the Puranas, and the profound philosophy of the Bhagavad Gita.
- Learners understand concepts such as dharma, karma, consciousness, and the nature of the self.

Session 1 Jeeva Tattva: Understanding the Soul's Journey (from Bhagavad Gita & Puranas)

Session 2 Ananda Tattva: The True Source of Happiness (Teachings of Bhagavad Gita)

Session 3 Atma Darshan: Realizing the Self Beyond the Body (Gita Wisdom)

Session 4 Dharma Shastra: Life's Guidance from Vedas and Puranas

Session 5 Tapasya & Sankalpa: Awakening Inner Strength Through Spiritual Discipline

Session 6 Karma Siddhanta: Understanding Suffering Through Law of Karma

Session 7 Daiva & Karma Phala: The Science of Destiny and Fortune

Session 8 Ishvara Tattva: Understanding the Supreme Controller

Session 9 Ekatva Darshan: Unity in Diversity (Vision of the Vedas)

Session 10 Prema Tattva: The Highest Love as Described in Bhakti Scriptures

Session 11 Satsanga Mahima: Power of Association (Teachings from Puranas)

Session 12 Dharma & Solutions to Life's Problems (Gita's Practical Wisdom)

Session 13 Purushartha: Discovering the Ultimate Goal of Life (Vedic Perspective)

Session 14 Jigyasa & Guru-Shishya Parampara: Path of Spiritual Inquiry (Vedic Wisdom)

Teaching Methodology: The course will use an interactive and experiential learning approach including: Lectures and presentations, Group discussions, Question-answer sessions, Reflective exercises, Case studies and real-life examples.

Interactive Learning Components: Students will be encouraged to actively participate through: Open-mic discussions, Question-answer sessions, Group reflections, Interactive dialogue sessions.

Learning Outcomes: Students completing this course will gain deeper awareness of self and consciousness, Develop critical thinking about life choices and values, Improve emotional balance and stress management, Understand cultural and philosophical foundations of Vedic knowledge, Practice reflective thinking through discussions and dialogue.